



## ***Overview of the A1C Champions™ Program***

The A1C Champions™ Program, sponsored by Aventis, is a patient-led approach to diabetes education. A1C Champions™ are people with diabetes who are trained and evaluated to share diabetes self-management and lifestyle strategies based on extensive training and their personal experience.

An A1C Champion's™ primary role is to conduct empowering presentations for other people with diabetes, their family and friends. In these 60-minute, patient-to-patient presentations, an A1C Champion™ talks about his or her physical, emotional and psychological experiences with diabetes. By sharing personal insights and helpful approaches with others, A1C Champions™ help empower others to make the right choices in taking care of their diabetes. An example of topics covered includes:

- Achieving good glucose control
- Learning about effective self-management
- Developing a balanced, healthy lifestyle
- Planning and prioritizing diabetes management
- Overcoming fears surrounding diabetes
- Finding resources for diabetes support

The A1C Champions™ Program may increase knowledge about diabetes management and provide a sense of fulfillment from helping others.

# Program Request Form



Please e-mail form to [Info@A1CChampions.org](mailto:Info@A1CChampions.org), fax to 314-754-8385 or call 866-741-7047.

Date: \*A minimum of 30 days is required to coordinate all programs.\*

REQUESTOR INFORMATION		
Name:	Title:	
<i>Mailing Address (include company name, if applicable)</i>		<i>Phone and Email</i>
Address:	City: State: Zip:	Office: VM or pager: Email:
Will you attend the program? <input type="checkbox"/> Yes <input type="checkbox"/> No		
How did you learn about the A1C Champions™ program?		
Referral source phone # (if applicable):		Referral source email address (if applicable):

PROGRAM INFORMATION		
Date of program:	Start time:	End time: (Program lasts approximately 1 hour)
<i>Where program will take place: (include specific room # or name)</i>	Facility: Address: Room:	City: State: Zip:
# of attendees anticipated:	Description of audience:	
Additional requirements for program (note that it is the host's responsibility to provide an overhead projector and screen for the presentation):		
Closest airport to program location:		

PROGRAM CONTACT INFORMATION (person coordinating meeting and inviting participants)		
<input type="checkbox"/> Same as Requestor	Name:	Title/Company:
<i>Mailing Address</i>		<i>Phone and Email</i>
Address:	City: State: Zip:	Office: VM or pager: Email:
Will Program Contact attend the program? <input type="checkbox"/> Yes <input type="checkbox"/> No		

PROGRAM MATERIALS		
Send program materials to: <input type="checkbox"/> Requestor <input type="checkbox"/> Program Contact <input type="checkbox"/> Other ____		
<i>If Other, shipping information:</i>	Address:	City, State Zip: Phone #:
Materials for your A1C Champions™ program will be shipped by FedEx approximately 10-14 days prior to the program date.		

Additional Notes and Comments:

*The Aventis A1c Champion™ is a person with diabetes who has achieved an A1c  $\leq 7$  and is willing to help others gain control as well.*

The Aventis A1c Champions™ Program is a unique inspirational program that brings together patients who are successfully managing their diabetes with patients who are striving to do the same.

It's about patients educating and mentoring other patients. We've organized a group of people with diabetes around the country who are in control and well-versed in the management and care of their diabetes. It's a new program that we're truly excited about. It's a program that can help open people's minds, affect attitudes, diminish fear, and change behavior and diabetes self-management.



### *They've been there. Done that.*

It's true. It's easier for people to listen and take advice from others who have walked in their shoes. The Aventis A1c Champions™ will help you educate your patients by sharing their own trials and successes.

Fear of the needle, diet, exercise, family stress and learning to cope are just some of the topics an Aventis A1c Champion™ can help your patients overcome. Above all, the Aventis A1c Champion™ is there to help empower others to make the right choices in taking care of their diabetes as well as emphasizing the importance of reaching a target A1c level of  $\leq 7$ .

### *Champion the Champions.*

This program is here for you. Use it to help your patients live better with diabetes. Suggest the program to your newly diagnosed patients and their family. Encouragement and mentoring from a person successfully balancing management of diabetes with living a full life can mean a great deal to a person reeling from the recent diagnosis of diabetes.

Bring an Aventis A1c Champion™ in for a local ADA chapter meeting or community event.

We think you'll see what a valuable tool the Aventis A1c Champions™ Program can be for you and your patients. Our Aventis A1c Champions have traveled the road with diabetes for many years – long enough to know that diabetes doesn't have to define their lives.

Pass it on.



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For more information about the  
Aventis A1c Champions<sup>TM</sup> Program,  
please call 1-866-741-7047  
or e-mail [Info@A1cChampions.org](mailto:Info@A1cChampions.org).



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Who is an Aventis  
A1c Champion<sup>TM</sup>?

