



Alkar-RapidPak & Sani-Matic Vending Machine Changes

We worked with our vending machine distributor to improve the options in the machines and offer some healthier choices as well as encourage selection of those choices through pricing. Our vendor, Wright Vending, was very cooperative in offering lower fat alternatives, fruit, and snack bars.

We made several changes including:

- (1) Increased the pricing for high fat snacks such as chips and decreased the normal pricing they would have for the healthier snack bars;
- (2) Added fruit to the machines and priced that at ½ what the normal price would be and the company pays the difference; and
- (3) Added some healthier alternatives in the area of sandwiches.

In addition, we have Wright Vending delivering bananas to the plants every few weeks to give people a healthy snack. The company is billed for the cost of the bananas.

These changes have resulted in very little increased cost but have helped our employees by offering some good alternatives. We plan to review this again in the next few months.

The Quality Forum's Workplace-Focused Diabetes Project Team would like to thank Dave Smith for sharing this document and generously offering to have it included in the toolbox as an example for other employers.