

## Different Types of Health Risk Assessments

There are different types information obtained and tested for and different methods of obtaining the information during an HRA. Following are some of the options available:

- Some take various body measurements (i.e. weight, height, waist size, blood pressure)
- Some rely solely on a questionnaire and vary in number of questions
- Some draw blood via a finger-stick and others draw blood via a venipuncture
- Some perform limited blood tests and others perform more extensive blood tests
- Some do a combination of the above
- Some produce results immediately and others produce results in 2-3 weeks
- Some produce result pages for individuals
- Some produce result pages for the employer
- Some produce both types of reports

*The Quality Forum's Workplace-Focused Diabetes Project Team would like to thank Lonnie Prantner for collecting this information and generously offering to have it included in the toolbox as an example for others.*